



Netball Queensland
CAPRICORN BRANCH INC
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Train Well Play Well Stanwell Sports Forum

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Our presenters:

PETER REABURN



PETER is an Associate Professor in Exercise and Sport Science at CQ University in Rockhampton. He is also an A-grade netball coach with Frenchville Netball Club. Peter has a passion for sport. He is a former national surf lifesaving champion who also played representative rugby. In 1982, he won Queensland's first triathlon and has maintained a competitive interest in masters swimming, cycling and running ever since, culminating in 2005 when he won his age group at the Australian Ironman Triathlon Championships and completing his long-held dream of doing the Hawaiian Ironman. Peter has two teenage daughters and started coaching his oldest daughter's netball team by accident in 2000 - he has been hooked on the sport ever since. He started coaching his youngest daughter's Rockhampton representative age-group teams in 2008, with the highlight being the 2010 15 years team and 2011 16 years team winning their divisions at the Queensland Country Championships. In 2012, Peter has 'bitten the bullet' to take on an A-grade club side. Why does he do it? "A passion for sport and the lessons it teaches us all in life". Peter will share with us his journey as an athlete, coach and club administrator and the many lessons he has learnt.

GILLIAN LEE



GILLIAN'S coaching profile:

- Australian Coaching Council Level 3 Accredited Coach
- Monash University Central Head Coach - Present
- Melbourne Phoenix Assistant Coach 2003, 2004
- Victorian 21/U Coach - 6 Years (two National Championships)
- Australian Institute of Sport, Specialist Defence Coach 1992-1993

Gillian's player profile:

- Victorian Open Player 1984, 1986, 1987
- Australian U/21 Player 1984

YVONNE WILLERING



YVONNE played as a provincial representative netballer from 1968 until 1985 and for the Silver Ferns from 1974 to 1983. She trained as a lab technologist at Auckland Hospital and was later employed as a microbiologist in New Zealand and the United Kingdom until 1985. In 1986, she returned to New Zealand and became Coaching Director for Netball New Zealand, a position she held for two years.

Over the next decade, she held the prestigious position of Silver Ferns coach, Regional Netball Co-ordinator for Netball New Zealand, Netball Director for ASB Bank, Netball North Harbour Coaching Director, coach to the Fujiforce, the LG Mystics and contract coach on occasions, to the Vixens, Magic and Firebirds. Her coaching career, which started in 1986, has included national and international teams such as Silver Ferns, NZ Young Internationals, the Fijian national team and various provincial and regional teams.

Yvonne holds several New Zealand coaching awards and in 2002 was made an Officer of the New Zealand Order of Merit in the Queen's Birthday Honours.

"Self esteem and success is not achieved by simply defeating others, but by living up to your own standards. Players should be encouraged to take pride in their own performance. Being the best is what we strive for, but as important is to do your best. In any sport strive to do the basics perfectly, rather than simply being satisfied to execute them well. With two teams of equal ability, it is the team who makes the least mistakes and capitalises on those made by the opposition who will win the game."

JAMES HOOD



AT only 30, James has already served for 12 years in the Australian Air Force, eight years as a military physical training instructor training Army, Navy and Air Force personnel for all jobs and categories including some special forces elements. James holds a Certificate 3 and 4 in fitness, a Level 1 and 2 in strength and conditioning, a Level 1 power coach (Olympic weight lifting), Level 1 Crossfit trainer and Advanced Thump Trainer (boxing for fitness).

James has worked as the strength and conditioning coach for the Queensland Firebirds and QLD U21 netball team in 2008/09. He played first grade rugby union for the Canberra Vikings and the West Brisbane Bulldogs and was a member of the Air Force first 15 and the Australian Combined Services first 15 rugby union sides.

LEISA DONLAN



LEISA holds a Bachelor of Applied Science (Psychology) and is a Fellow of the Australian Society of Association Executives with 15 years' experience in the non-profit sector. Leisa began working in the competitive fuel industry as an analyst and quality manager before joining the non-profit sector. In 1999, Leisa was awarded the Australian Association Executive of the Year for her work with the Association of Rotational Moulders Australasia, an industry trade organisation representing members around the world. As Chief Executive Officer of ARMA, Leisa has led the organisation to increase its membership by over 400% to become the largest association for the process in the world. In 2003, she took over the global organisation and based it in Queensland to develop its business plan and manage the start-up until handing over to the new European office in 2008.

She began her volunteer roles the way most people do, because of her family, and over the past 20 years she has been involved in every possible type of committee role on over 110 different committees and non-profit organisations including trade and industry groups, philanthropic and community organisations and sporting clubs. For the past eight years Leisa has presented to thousands of clubs and their committees ranging across sports clubs, community groups, industry, Indigenous communities and for government. Her experience with these clubs and committees has resulted in a wealth of real world solutions to share with you.

Leisa regularly provides interviews for radio and television on non-profit management and her other specialist areas, she is a regular contributor to four international magazines and presents across the globe. For the past five years she has been a regular presenter for Sport & Recreation Queensland and for several major sporting organisations including Queensland Rugby League, Gymnastics Queensland, Surf Life Saving Queensland and Meals on Wheels Queensland.

STACEY CAMPTON



STACEY Campton is a highly qualified umpire with an extensive umpiring experience. Her umpiring background includes: International and All Australian (AA) Umpire since 1994; officiating at a Commonwealth Games (2006) and World Championships (2003); Netball Australia "Umpire of the Year" in 2004;

appointed to IFNA International Testing Panel (ITP) (2011); member of Netball Australia Grading and Endorsement (G&E) panel (2006-present); currently the International Netball Umpire Assistant Secretary – Indigenous Culture and a member of the new National Umpire Strategic Committee.