



Netball Queensland  
**CAPRICORN BRANCH INC**  
ABN 83215003908



# Train Well Play Well Stanwell Sports Forum

STANWELL |   
Power Station | stanwell

Capricorn Netball Branch, in conjunction with our major sponsor,  
Stanwell Corporation Inc, invites you to attend

## ‘Train Well, Play Well, Stanwell’ Sports Forum

March 3 and 4, 2012

CQ Community Sports Centre  
Central Queensland University  
Bruce Highway, Rockhampton

Our top line-up of speakers will cover a range of topics and there will be something for everyone - players, coaches, parents, umpires and club committees

Topics will be relevant not only to netballers but all sport participants and administrators so our invitation is extended to the whole community

### Speakers include:

- Peter Reaburn - Associate Professor in Exercise and Sports Science at CQ University
- Yvonne Willering OAM - Former NZ Silver Ferns and NZ Young Internationals coach
- Gillian Lee - Level 3 coach and former AIS coach and Australian/Victorian player
- James Hood - Highly accredited fitness instructor and former Firebirds strength and conditioning coach
- Leisa Donlan - Club administration guru
- Stacey Campton - International and All Australia badged umpire
- Ben Cooke - Anti-discrimination expert

**Cost - \$80 per person**

To register see the registration form at [www.capricornnetball1.com](http://www.capricornnetball1.com)

Registrations close 25<sup>th</sup> February

**For more information email [stanwelledforum@hotmail.com](mailto:stanwelledforum@hotmail.com)**